



International Society for Psychological
and Social Approaches to Psychosis

THE POWER THREAT MEANING FRAMEWORK:

A FOCUS ON PSYCHOSIS AND TRAUMA

4-5TH MARCH 2019 – ADELAIDE, SA



2 Day Workshop

ISPS Australia in partnership with **Blue Knot** is excited to bring together these world leaders in mental health reform, for a two-day workshop. (With one day events held by Blue Knot in Brisbane, Sydney and Melbourne).

Dr Lucy Johnstone (UK), Professor John Cromby (UK) and Matt Ball (SA), 2017 Australian Mental Health Nurse of the Year.

Join us for a unique opportunity to learn more about the Power Threat Meaning Framework and its relevance to people who experience trauma and psychosis and those who support them.

2-day Workshop

Education

Development Centre

4 Milner St,
Hindmarsh, SA

Registration fees:

Early Bird (until 31st
January)

ISPS member \$280

Non-member \$370

Low or unwaged
\$160

CLICK TO REGISTER:

THIS EVENT

**OTHER BLUEKNOT
EVENTS**

ISPS Australia
admin@isps.org.
www.isps.org.au

In collaboration with



[The Power Threat Meaning Framework](#) was published in January 2018 by the Division of Clinical Psychology of the British Psychological Society. Jointly produced by a core team of psychologists and service users, it is an ambitious attempt to outline a conceptual alternative to the diagnostic model of distress and unusual experiences, and has attracted national and international interest.

The Framework can offer people living with extreme forms of distress, and those who work with them, a new understanding of the causal role of relationships, life events, social contexts, and cultural expectations, along with trauma and adversities. This has significant implications for personal recovery, clinical practice, service provision, cross cultural perspectives and public health policy.

By attending this 2-day workshop, participants will:

- Understand the core principles of the Power Threat Meaning Framework .
- Understand the context within which the Framework has emerged, and its implications within and beyond clinical services .
- Have an opportunity to practice applying the Framework ideas
- Understand its relevance to trauma informed approaches to psychosis
- Be provided with access to relevant documents and resources

Who should attend?

This workshop is relevant to people working clinically or as peer workers, as well as people who use services, carers, policy makers, researchers, academics and members of the public.

Dr Lucy Johnstone is a Consultant Clinical Psychologist and one of the lead authors of the PTM Framework. Her books include 'Formulation in psychology and psychotherapy' (Routledge, 2013) and 'A straight-talking guide to psychiatric diagnosis' (PCCS Books, 2014). She is former Director of the Bristol Clinical Psychology Doctorate and is an experienced clinician, trainer and conference speaker.



Professor John Cromby, one of the co-authors of the PTM Framework, is Professor of Psychology, ULSB, University of Leicester UK. He has published 11



books, more than 70 academic journal articles, and over 30 contributions to academic books. John is an Associate Fellow of the British Psychological Society, a Fellow of the Royal Society of Arts, a Fellow of the Higher Education Academy (UK), and a Chartered Academic Psychologist. His co-authored textbook 'Psychology, Mental Health and Distress' was a 2014 British Psychological Society 'Book of the Year'.

Matt Ball is a mental health nurse practitioner and psychotherapist, facilitating psychotherapy, supervision, group work and training at Humane Clinic Adelaide. Matt's is interested in extraordinary realities, 'psychosis' and trauma and cultural meaning, and the human-to-human relationship approaches to personal distress and meaning. He is the Founder and Co-Director of the Humane Clinic, a trainer with Blue Knot Foundation, the current chair of ISPS Australia, was awarded the 2017 Australian Mental Health Nurse of the Year and holds adjunct lecture status at Flinders Uni. Matt's work is informed by his own lived experience of madness and unmadness. He is an activist for change in Australian mental health services.

