

A FOUR DAY OPEN DIALOGUE TEACHING AND TRAINING SEMINAR

Open Dialogue is a resource-oriented approach to mental health, which aims at mobilising psychosocial resources in a crisis-struck person's social network. It operates on the basis of core humanistic values of openness, social inclusion, and personal autonomy and genuine user and family involvement in the decision-making processes. Open Dialogue includes a particular dialogical approach to psychotherapy and an emphasis on organising responsive and seamless healthcare pathways.

We are presenting a four-day Open Dialogue Training Seminar where Scandinavian expert trainers will present core theoretical principles and teach Open Dialogue psychotherapeutic skills through hands-on training exercises.

The teachers are Jaana Castella and Kari Valtanen.

Send your inquiries about the seminar to: niels.buus@sydney.edu.au

THE ST. VINCENT'S OPEN DIALOGUE INITIATIVE



- Dates:** 7TH-10TH FEBRUARY 2017
- Times:** 8.30AM-5.00PM
- Participants:** Anyone interested in Open Dialogue: carers, family therapists, peers, nurses, occupational therapists, psychiatrists, psychologists, social workers, etc.
- Location:** THE FUNCTION ROOM.
ST. VINCENT'S CLINIC.
438 VICTORIA STREET. DARLINGHURST
NSW 2010
- Cost:** \$1000 excl. GST covering all four training days, course materials, drinks and snacks, but not lunch (the lunch break will allow participants time to have lunch in nearby cafes and restaurants).
- Bookings:** Please register at [SVHS's website](#).
Places are limited – first come; first served.

Jaana Castella is a registered nurse with more than 25 years of experience as a leader in Danish public mental health. She has worked with network-oriented approaches for 17 years. She has extensive experiences of working with the Open Dialogue approach and working with organisations using Open Dialogue.

Kari Valtanen is a child and adolescent psychiatrist and family therapist. He has been working with the Open Dialogue team in Western Lapland since 2002 in both clinical work and training. He has run Open Dialogue workshops and training both in Finland and internationally since 2005.